Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 00:00 on Wednesday 31 May 2023 until 23:59 on Thursday 01 Jun 2023

Forecast Issued on Tuesday 30 May 2023 at 14:15 by Met Office Aberdeen

Confidence: High for dry, settled and often sunny conditions. Medium for cloud details from Friday.

Headline for Wednesday 31 May 2023: Dry, sunny and warm. Early low cloud possible in the Trossachs.

Mountain weather hazards on Wednesday 31 May 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Clear night	Clear night	Sunny	Sunny	Sunny	Sunny	Sunny	Clear night
Precipitation probability							
00%	00%	00%	00%	00%	00%	00%	00%

Forecast for Wednesday 31 May 2023

Weather: Mainly clear overnight, although a few shallow mist patches possible in the glens around dawn, and the chance of more significant cloud nudging into the Trossachs. However, any low cloud in the Trossachs soon clearing to leave a dry and mainly sunny day. Warm or very warm.

Chance of cloud-free hill tops above 800m: 95%

Low Cloud and visibility: Generally no significant cloud, but occasional cloud, base 200 to 500m, possible at first in the Trossachs. Visibility good or very good, except in any early cloud in the east.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Wednesday 31 May 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	5/6 NW	5/6 NE	6/8 NE	7/11 N	7/12 N	7/12 NW	7/11 N	8/11 NE	6/9 SE
900	3/5 NW	3/4 W	3/5 W	5/8 N	6/10 N	6/10 N	6/10 N	8/12 NE	4/7 S
600	4/6 NE	6/8 NE	6/8 NE	5/9 N	5/9 N	7/11 NW	7/11 NW	10/15 NE	6/10 NE
300	3/4 N	4/7 N	4/7 NE	3/6 N	4/8 N	7/11 W	5/9 NW	7/13 N	5/8 N
Glen	3/8 NE	5/9 NE	4/7 E	3/5 NE	2/5 N	6/10 W	8/13 W	4/9 N	5/12 E

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	10/9	9/8	9/8	10/8	11/9	12/11	12/10	10/8	7/6
900	9/8	8/7	11/11	14/13	15/14	16/15	15/14	11/10	8/7
600	12/12	11/10	11/10	13/12	16/15	18/16	17/16	14/12	11/10
300	13/13	12/11	12/11	15/15	19/18	20/19	20/19	15/14	13/12
Glen	9/8	11/10	14/13	18/18	21/22	22/22	21/19	15/15	13/12
Freezing Level*	2500m	2400m	2500m	2600m	2800m	2600m	2500m	2400m	2400m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Strong, warm sunshine giving the risk of sunburn and dehydration.

Forecast for Thursday 01 Jun 2023

Weather: Mainly clear overnight, but some low cloud and mist possible, most likely through the Trossachs and over the Arrochar Alps. Any low cloud and mist will clear by late-morning to leave another dry, warm and mainly sunny day. A few patches of fair weather cloud possible in the afternoon then clear skies later in the evening.

Maximum wind: East 10mph.

Chance of cloud-free hill tops above 800m: 90%

Low Cloud and visibility: Generally no significant cloud, but occasional or extensive cloud, base 200 to 500m, possible at first through the Trossachs and over the Arrochar Alps. Visibility good or very good, except in early low cloud.

Temperature: **Glens:** Plus 6 Celsius rising to 22 Celsius in the afternoon
At 800m: Plus 6 Celsius rising to 12 Celsius in the afternoon
Freezing level: Well above the summits.

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